

# Fly In Fly Out Lhasa Sightseeing Program



**Total Trip Days:** 5 Days

## Itinerary

### Day 1:

We will take a flight from Kathmandu to Lhasa. Upon arrival at Lhasa, you will be warmly greeted by your guide at the airport or train station. You'll then be transferred to your hotel. After completing the check in formalities you will be left free on your own for the rest of the day.

Accommodation: Xinding Hotel in Lhasa

Meals Included: No meals included.

### Day 2:

Drepung Monastery

Visit Drepung Monastery, one of the "Great Three" monasteries of Lhasa. Founded in the 15th century, it was once one of the largest monasteries in

Tibet and home to thousands of monks.

#### Sera Monastery

Continue to Sera Monastery, famous for its debating monks. Explore the monastery's many halls, chapels, and its peaceful surroundings.

Accommodation: Xinding Hotel in Lhasa

Meals Included: Breakfast at the hotel.

### **Day 3:**

#### Potala Palace

Begin your day with a visit to the iconic Potala Palace. This UNESCO World Heritage Site was the former winter residence of the Dalai Lama and is a must-see in Lhasa, with its stunning architecture and rich history.

#### Jokhang Temple

Explore the Jokhang Temple, the spiritual heart of Tibetan Buddhism. The temple's ancient structure houses many sacred relics and attracts pilgrims from all over Tibet.

#### Barkhor Street

Take a stroll around Barkhor Street, a vibrant area where pilgrims, locals, and tourists mingle. You can shop for Tibetan handicrafts, prayer wheels, and other local items.

Accommodation: Xinding Hotel in Lhasa

Meals Included: Breakfast at the hotel.

### **Day 4:**

#### Yamdruk Lake

We set out early from the hotel, stop at Yamdruk Lake, one of the most beautiful lakes in Tibet. The serene turquoise waters surrounded by snow-capped mountains offer a stunning view and then back Lhasa for next day.

Accommodation: Xinding Hotel in Lhasa

Meals Included: Breakfast at the hotel.

### **Day 5:**

After breakfast, you can set out for an optional tour to Norbulingka Palace, Tibet Museum, Tibetan Art Galleries, Tibetan Tea Ceremony, Lhasa's Local Market, Drak Yerpa, Tibetan Institute of Traditional Medicine, Ganden Monastery, etc.

In the night you will be transferred to the airport or train station for your

departure. The train leaves at 19:00 hrs. thus we need to reach the train station 1 hrs. Prior. Thus, we will leave the hotel accordingly. Tibetan Local guide will assist you with check-out and escort you back to the train station in the mentioned time for the train to Chengdu.

Meals Included: Breakfast at the hotel.

## **Route Map**

# 05 Days

## LHASA SIGHTSEEING PROGRAM



### ALTITUDE CHART

