Kailash Mansarovar Yatra & Kathmandu Sightseeing For Non Indian Passport Holder



Trip Overview

The Kailash Mansarovar Yatra is a sacred pilgrimage and spiritual adventure that leads travelers to one of the holiest places on earth—Mount Kailash (6,638 m) and Lake Mansarovar, located in the remote reaches of western Tibet. Revered in Hinduism, Buddhism, Jainism, and Bon, this journey is not just a trek, but a profound spiritual experience. Mount Kailash is believed to be the abode of Lord Shiva and the axis mundi—the center of the universe in several ancient cosmologies.

The journey typically begins in Kathmandu, Nepal, with visits to important Hindu and Buddhist shrines before heading overland via Kerung or Simikot–Hilsa into Tibet. En route, pilgrims acclimatize at Saga, Paryang, and Lake Mansarovar (4,590 m)—a serene high-altitude freshwater lake ideal for rituals and reflection. The highlight of the trip is the 3-day Kailash Kora, a 52 km circumambulation of the sacred peak via Darchen, Dirapuk, and the formidable Dolma La Pass (5,630 m).

Accessible only a few months each year due to harsh weather and Tibetan

travel restrictions, the Kailash Yatra demands both physical endurance and spiritual commitment, offering deep introspection and cultural richness along the way.

Total Trip Days: 17 Days

Trip Highlights

- Darshan of Mount Kailash, the spiritual epicenter for Hindus, Buddhists, Jains, and Bon followers
- Take a holy dip in Lake Mansarovar, believed to cleanse one’s sins and purify the soul
- Complete the Kailash Kora (Parikrama)—a challenging but rewarding 3-day pilgrimage trek
- Cross Dolma La Pass (5,630 m), the highest point of the circuit and a symbolic gateway of rebirth
- Visit sacred sites like Yam Dwar, Gauri Kund, Rakshas Tal, and Tirthapuri
- Experience remote Tibetan plateau culture and ancient Buddhist monasteries
- Travel overland through dramatic Himalayan landscapes from Nepal into Tibet
- Suitable for spiritual seekers, adventurers, and those interested in high-altitude pilgrimage journeys

Itinerary

Day 1:

Welcome to the piece of heaven on the planet, Nepal. We’ll be there at the airport for your arrival. After receiving you at the airport, we’ll drive you to the hotel in Kathmandu for a rest. Later, we’ll meet again for a welcome dinner hosted by Latitude Nepal. We’ll discuss ourselves and about the trek through the evening. Overnight in Kathmandu in Grand Hotel.

Day 2:

We at Sabbatical Explore run Kathmandu Sightseeing for our guests before the start of the trek. In the beginning of the Yatra we will start by getting blessings from baba Pashupatinath. We will do the Panchamrit Pujan and then explore the cities of Kathmandu. Kathmandu Sightseeing will start from Swayambhunath (Monkey Temple) Stupa, Kathmandu Durbar Square, and Bouddhanath Stupa. With this, we'll end back in the hotel for the night. Our staff get ready with trekking documents.

Day 3:

On this day we will let you free on your own for personal shoppings required for the yatra, trekking gears, and warm clothes etc. It takes 3-4 working days for the Visa to arrive so we will have to wait in Kathmandu for the visa to arrive.

Day 4:

After breakfast drive to Syabrubesi (1,550m, 140 km, 8hrs drive). After arrival at Syabrubesi check into the hotel.
Overnight stay at Syabrubesi.

Day 5:

After breakfast drive to Nepal China Friendship Bridge (20 km, 30 min drive). Complete Immigration formalities in Nepal side & walk approx. 15mins to cross Friendship Bridge. Complete all China side immigration formalities & walk further ahead & get introduced with your Chinese guide/coach drivers. After introduction, proceed to Kyrung (2,700 M). Arrive in Kyrung Overnight stay at Kyrung

Day 6:

After breakfast drive to Saga (4,640 meter, 105km, 3/4hrs drive)/ New Dongpa (4,462 meter, 182km, 4/5hrs drive). There is nothing so special but you will enjoy the beautiful Tibetan landscape. After approx.3/4hours'drive you will reach to Saga (4,640 M). Arrive in Saga.
Overnight stay at Saga.

Day 7:

After breakfast, drive to Mansarovar (4,556m, 400 kms, 7-8 hrs drive). Arrive Mansarovar, take a holy bath; perform Puja, Hawan, and Devtarpan etc.(self). Freshly cooked dinner will be served at the edge of Mansarovar Lake. Overnight stay at Manasarovar.

Day 8:

We will drive to Darchen (4664 meter, 1 hr. drive). We will stop in Darchen after very short drive to acclimatize our body before starting the trek of the Kailash Yatra. We spend the night at Darchen Hotel, preparing our luggage for the Parikrama.

Day 9:

After having breakfast we will continue our journey and take a short drive to Yamadwar. Yamadwar is the gateway to start the Parikrama, trekkers who are willing to do the Parikrama start trek from this point and those who are unwilling to do the Parikrama visit Yamadwar and head back to Darchen. , Trek to Dirapuk (4,765m, 10km, 5/6hrs trek). If you need you can hire a porter/pony in Yamdwar.

Day 10:

Continue Parikrama over Dolma La Pass (5,585m) to Zuthulpuk (4,700m, 22km, 7-8hrs trek). It is the long and most difficult day of the trek because of the altitude gain and also due to the rocky terrain.
Overnight stay at Zuthulpuk.

Day 11:

Last and final day Kailash Parikrama ends near Darchen (4,664m, 14km, 3-4hrs trek) and drive to Saga 8-9 hrs
Overnight stay at Saga.

Day 12:

Drive to Kyrung (2,700m, 105km, 3/4hrs drive). and stay overnight
Overnight stay at Kerung

Day 13:

After breakfast leave the city of Kerung, & drive to Nepal/China border (20km, 30mins drive). After the completion of the necessary border immigration formalities we cross the friendship bridge and enter to Nepal, then we complete the Nepal Immigration formalities. After completion of the immigration procedures of both the countries, we will drive to Syabrubesi (20km, 30mins drive). Arrive Syabrubesi and check into hotel.
Overnight stay at Syabrubesi

Day 14:

Breakfast and drive to Kathmandu (140kms, 7/8hrs drive). Lunch will be

arranged on the way. Arrive Kathmandu and check into hotel. Evening certificate distribution program will be organized which is followed by dinner. Overnight stay at Kathmandu.

Day 15:

This day is placed at the end of the trip just to ensure you won't miss the international flight if there is some issue with the immigration procedure. You can relax and go to spa take some massage to relieve your body and muscle pain (if any) from the trip

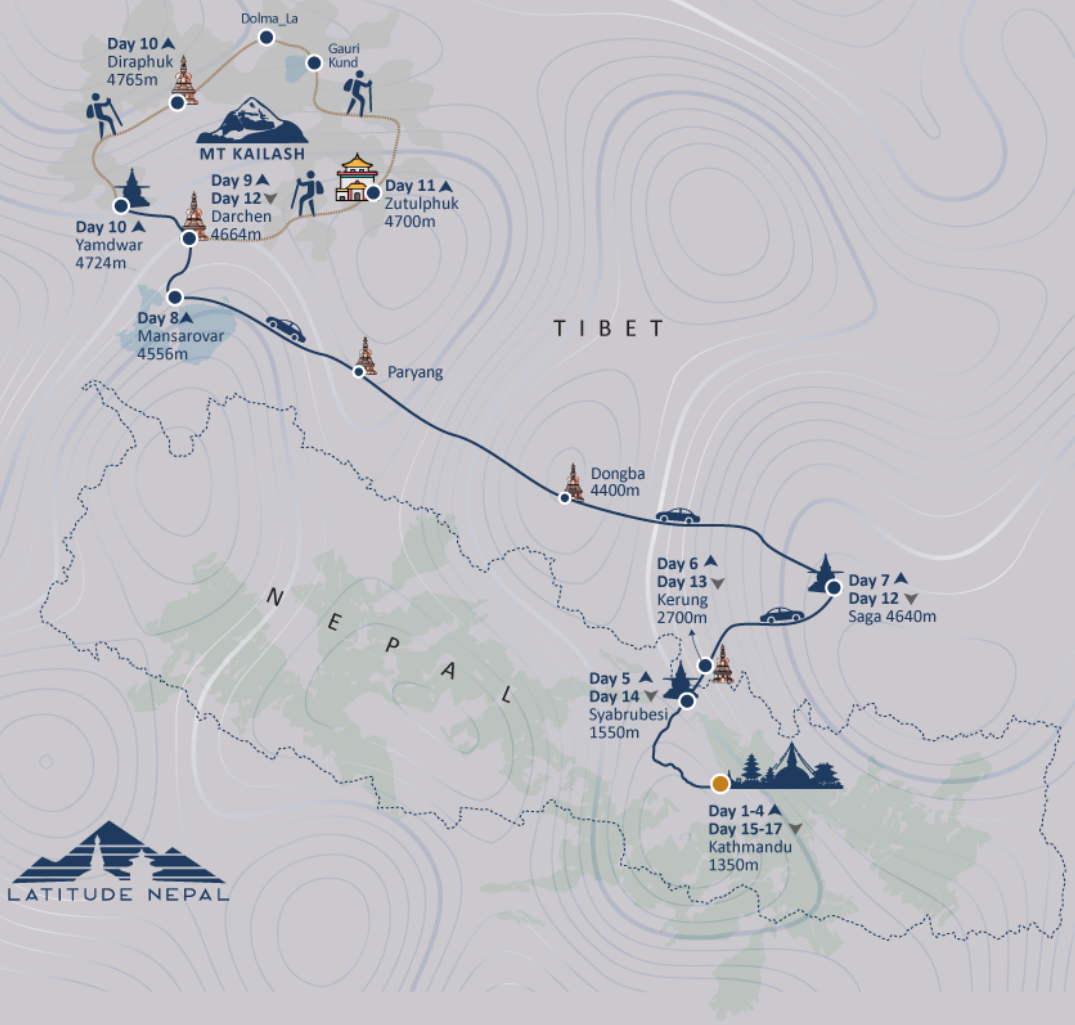
Day 16:

On this day our airport representative will drive you to the Tribhuvan International Airport with a hope to see you again in the future for other trip.

Route Map

17 Days

KAILASH MANSAROVAR YATRA & KATHMANDU SIGHTSEEING FOR NON INDIAN PASSPORT HOLDER



ALTITUDE CHART

