

Kathmandu Valley Hindu Pilgrimage Tour



Trip Overview

This six-day tour explores the most sacred Hindu sites within the Kathmandu Valley, combining historical temples, hilltop shrines, and ritual spaces that hold immense spiritual significance. Designed with logical sequencing and realistic travel, the itinerary ensures a smooth pilgrimage, allowing ample time for prayers, rituals, and cultural interactions without rushing. Guests experience the devotion of local Hindus, explore ancient architecture, and enjoy panoramic valley views, making it an immersive spiritual journey in Nepal's cultural heartland.

Total Trip Days: 6 Days

Region: Kathmandu

Trip Highlights

- Pashupatinath Temple evening Aarti

- UNESCO site Changu Narayan and Doleshwor Mahadev
- Budhanilkantha reclining Vishnu, Guhesori Shakti Peeth and Gokarna Mahadev
- Dakshinkali Temple, Shesh Narayan and panoramic views from Chandragiri Hills
- Kumari Ghar, Taleju Temple, and smaller Newar Hindu shrines in Kathmandu

Itinerary

Day 1:

Arrive at Tribhuvan International Airport and transfer to your hotel in central Kathmandu (approx. 30–40 minutes). After check-in, visit Pashupatinath Temple, the iconic Shiva temple on the Bagmati River. Witness evening aarti rituals and observe sadhus in meditation. Walk along the ghats where devotees perform sacred rites. The evening is calm and provides the perfect spiritual introduction to Nepal.

Day 2:

After breakfast, drive approx. 30–40 minutes northeast to Changu Narayan Temple, a UNESCO World Heritage Site and the oldest Hindu temple in Nepal. Explore its pagoda architecture, intricate wood carvings, and surrounding village. Continue about 1–1.5 hours northeast to Doleshwor Mahadev, a hilltop Shiva shrine, performing puja and enjoying panoramic valley views. Return to Kathmandu by late afternoon, allowing rest before dinner.

Day 3:

Morning visit to Budhanilkantha Temple (30–40 minutes from Kathmandu), home to the reclining Vishnu statue, allowing time for prayers and ritual participation. Next, drive to Guhesori Shakti Peeth, and then head to Gokarna Mahadev Temple, a riverside Shiva shrine known for its sacred bathing pools. The afternoon can include optional interaction with local priests or participation in small rituals. Return to Kathmandu

Day 4:

After breakfast, head 22 km south to Dakshinkali Temple, devoted to Goddess Kali. Observe daily rituals; animal sacrifice is optional to watch

depending on festival dates. After prayers, visit Shesh Narayan Temple en-route, and continue to Chandragiri Hills (approx. 40 minutes from Dakshinkali), where you can take the cable car or drive to the hilltop temple complex for panoramic views of Kathmandu Valley and the Himalayas. Return to Kathmandu late afternoon

Day 5:

Explore Kathmandu Durbar Square after breakfast, visiting Kumari Ghar, home of the living goddess. Then proceed to Taleju Temple, Jagannath Temple, and smaller neighborhood shrines, engaging in local rituals and observing Newar-style Hindu traditions. Afternoon free for souvenir shopping or relaxed city walks. Rest of the day free for personal activities.

Day 6:

Depending on your flight, transfer to Tribhuvan International Airport for departure.