Khopra Danda Trek



Trip Overview

The Khopra Danda Trek is a fairly challenging 11-day adventure in the Annapurna region, combining panoramic Himalayan vistas with remote hill villages and sacred alpine lakes. Starting from Ulleri and ending in Tatopani, the trek passes through rhododendron forests, terraced fields, and high-altitude pastures. A highlight is the ascent to Khopra Danda (3,680m) for stunning views of Annapurna, Dhaulagiri, Machhapuchhre, and surrounding peaks, along with a day trek to the sacred Khayer Lake (4,660m). The trek concludes with a relaxing soak in the natural hot springs at Tatopani. The route offers cultural encounters, spectacular sunrise vistas from Poonhill, and a mix of moderate and steep trekking suitable for fit trekkers seeking an off-the-beaten-path Annapurna experience.

Total Trip Days: 11 DAYS

Region: Annapurna Region

Max Altitude: 4,660 m (Khayer Lake)

Activity: Trek

Difficulty: Fairly Challenging

Group Size: 2-10

Trip Highlights

- Poonhill Sunrise: Short hike to witness sunrise over Annapurna, Dhaulagiri, and Machhapuchhre peaks
- Khopra Danda Viewpoint: Panoramic Himalayan vistas from 3,680m, one of the most scenic viewpoints in Annapurna region
- Khayer Lake Excursion: Day trek to the sacred high-altitude alpine lake at 4,660m
- Rhododendron and Pine Forests: Trek through lush forests filled with seasonal flowers, Himalayan birds, and wildlife
- Magar Village Experience: Pass through traditional villages with cultural insights into local life
- Tatopani Hot Springs: Relax in natural hot springs beside the Kaligandaki River after the trek
- Tea House Accommodation: Comfortable overnight stays in local guesthouses
- Moderate to Fairly Challenging Trekking: Suitable for trekkers with prior hiking experience and good fitness
- Scenic Annapurna Landscapes: Views of Dhaulagiri, Annapurna South, Machhapuchhre, and surrounding valleys
- Combination of Trekking and Relaxation: Adventure and cultural exploration balanced with rest days and leisure activities

Itinerary

Day 1:

Upon arrival at Tribhuvan International Airport, a representative will greet you and transfer you to your hotel. After check-in, the rest of the day is free for rest and recovery. Overnight in Kathmandu.

Day 2:

Begin with a scenic flight to Pokhara, offering Himalayan views. From Pokhara, drive for about 3 hours to reach Ulleri, a beautiful village nestled in the hills. Overnight in Ulleri.

Day 3:

Trek uphill through rhododendron forests and traditional Magar villages to reach Ghorepani. Enjoy the cool mountain air and verdant scenery. Overnight in Ghorepani.

Day 4:

Start early for a short hike to Poonhill (3,210m) to witness a breathtaking sunrise over Annapurna, Dhaulagiri, and surrounding peaks. Return to Ghorepani for breakfast, then trek through forested paths and terraced fields to Swanta. Overnight in Swanta.

Day 5:

Today's trek involves a steady uphill climb to Upper Chistibung, also called Dhan Kharka. The trail winds through lush vegetation and quiet forest. Overnight in Upper Chistibung.

Day 6:

Trek uphill through alpine pastures with occasional wildlife sightings such as yaks and Himalayan pheasants. The view from Khopra Danda is stunning, with panoramic Himalayan vistas. Overnight at Khopra Danda.

Day 7:

A full day’s trek to the sacred Khayer Lake, situated at a dramatic altitude. Walk along ridges with stunning views of Dhaulagiri and Annapurna ranges. After enjoying the pristine alpine lake, return to Khopra Danda for the night. Overnight at Khopra Danda.

Day 8:

Descend through beautiful landscapes to Tatopani, a village known for its natural hot springs beside the Kaligandaki River. You can relax and soak in the warm waters to ease your muscles. Overnight in Tatopani.

Day 9:

After breakfast, drive along scenic mountain roads to Pokhara. The afternoon is free for personal activities, such as strolling by Phewa Lake or enjoying

lakeside cafes. Overnight in Pokhara.

Day 10:

Catch a short flight back to Kathmandu and enjoy the remainder of the day at leisure. You may go shopping, explore more heritage sites, or simply rest. Overnight in Kathmandu.

Day 11:

After breakfast, you'll be transferred to the airport for your onward journey, concluding your unforgettable Himalayan adventure.

Route Map

11 Days
KHOPRA DANDA TREK



ALTITUDE CHART

