Lobuche Peak Climbing



Trip Overview

The Lobuche Peak Climbing expedition combines high-altitude trekking and a non-technical Himalayan summit in the Everest region. Over 20 days, trekkers follow the Khumbu Valley from Lukla through Namche Bazaar, Tengboche, Dingboche, and Gorak Shep, allowing gradual acclimatization. The climb to Lobuche Peak (6,119 m) involves snow and rocky slopes with fixed ropes on steeper sections. Along the way, trekkers experience Sherpa culture, Himalayan villages, and breathtaking views of Everest, Lhotse, Nuptse, Ama Dablam, and surrounding peaks. The journey concludes with a return trek to Lukla and a flight back to Kathmandu.

Total Trip Days: 20 Days

Region: Everest Region (Khumbu)

Max Altitude: 6,119 m

Activity: Tea House + Camping at High Camp

Difficulty: Strenuous / Alpine Climb

Group Size: 2-10

Trip Highlights

- Lobuche Peak Summit (6,119 m): High-altitude non-technical climb with panoramic Himalayan views
- Everest Base Camp (5,364 m) & Kala Patthar (5,545 m): Stunning close-up vistas of Mt. Everest and Khumbu Glacier
- Khumbu Villages & Culture: Visits to Namche Bazaar, Tengboche, Pangboche, and Dingboche, exploring monasteries and Sherpa lifestyle
- Panoramic Himalayan Scenery: Continuous views of Everest, Lhotse, Makalu, Ama Dablam, Pumori, and neighboring peaks
- Acclimatization Days: Carefully planned to reduce altitude sickness and prepare for summit push
- Scenic Trekking Routes: Follow Dudh Koshi and Imja Khola valleys, crossing suspension bridges, alpine meadows, and glacial terrain
- Full Support & Safety: Experienced guides, climbing instructors, and porters for secure trekking and climbing
- Contingency Days: Extra day reserved for weather, acclimatization, or summit adjustments

Itinerary

Day 1:

- Welcome at Tribhuvan International Airport, transfer to hotel.
- Short briefing about the trek and peak climbing.
- Overnight in hotel in Kathmandu.

Day 2:

- Guided tour of UNESCO World Heritage Sites: Swayambhunath, Pashupatinath, and Boudhanath.
- Trek/climbing gear check and final preparation.
- Overnight in hotel in Kathmandu.

Day 3:

- Scenic flight to Lukla with panoramic views of the Himalayas.
- Easy first-day walk to Phakding along the Dudh Koshi River.
- Overnight in lodge.

Day 4:

- Enter Sagarmatha National Park.
- Steep climb to Namche Bazaar with first view of Mt. Everest.
- Overnight in lodge.

Day 5:

- Short hike to Everest View Hotel (3,880 m) for panoramic views of Everest, Lhotse, and Ama Dablam.
- Explore Sherpa culture in Namche.
- Overnight in lodge.

Day 6:

- Trek through rhododendron forests with spectacular views of Ama Dablam.
- Visit Tengboche Monastery – the spiritual center of Khumbu.
- Overnight in lodge

Day 7:

- Descend to Debuche and cross the Imja Khola.
- Gradual ascent to the Sherpa village of Pangboche.
- Continue to Dingboche with views of Island Peak and Lhotse.
- Overnight in lodge.

Day 8:

- Hike up to Nangkartsang Hill (5,100 m) for superb acclimatization and panoramic views of Makalu, Ama Dablam, and Island Peak.
- Overnight in lodge.

Day 9:

- Trek along the Khumbu Khola valley.
- Cross the memorial site at Thukla Pass dedicated to climbers lost in Everest expeditions.
- Overnight in lodge.

Day 10:

- Trek to Gorak Shep, the last settlement before EBC.
- Hike to Everest Base Camp, enjoy close-up views of Khumbu Glacier and

Khumbu Icefall.
• Return to Gorak Shep for overnight.

Day 11:

• Early morning climb to Kala Patthar for sunrise and the best panoramic views of Mt. Everest and neighboring peaks.
• Descend back to Lobuche.
• Overnight in lodge.

Day 12:

• Short trek to Base Camp.
• Climbing preparation and basic training by climbing guide.
• Overnight in tented camp.

Day 13:

• Steep ascent to High Camp.
• Final preparation and early dinner for summit push.
• Overnight in tented camp.

Day 14:

• Start early (around 2–3 AM) for summit attempt.
• Climb through rocky terrain and snowy slopes with use of ropes and crampons.
• Enjoy panoramic views of Everest, Lhotse, Makalu, Ama Dablam, and Pumori from the summit.
• Descend to Base Camp for overnight.

Day 15:

Extra day in case of bad weather or acclimatization issues.

Day 16:

• Trek down along Imja Khola valley passing Dingboche.
• Overnight in lodge.

Day 17:

• Descend gradually with views of Everest and Ama Dablam.
• Overnight in lodge.

Day 18:

• Final day of trek, descend to Lukla.

- Celebrate successful climb with crew.
- Overnight in lodge.

Day 19:

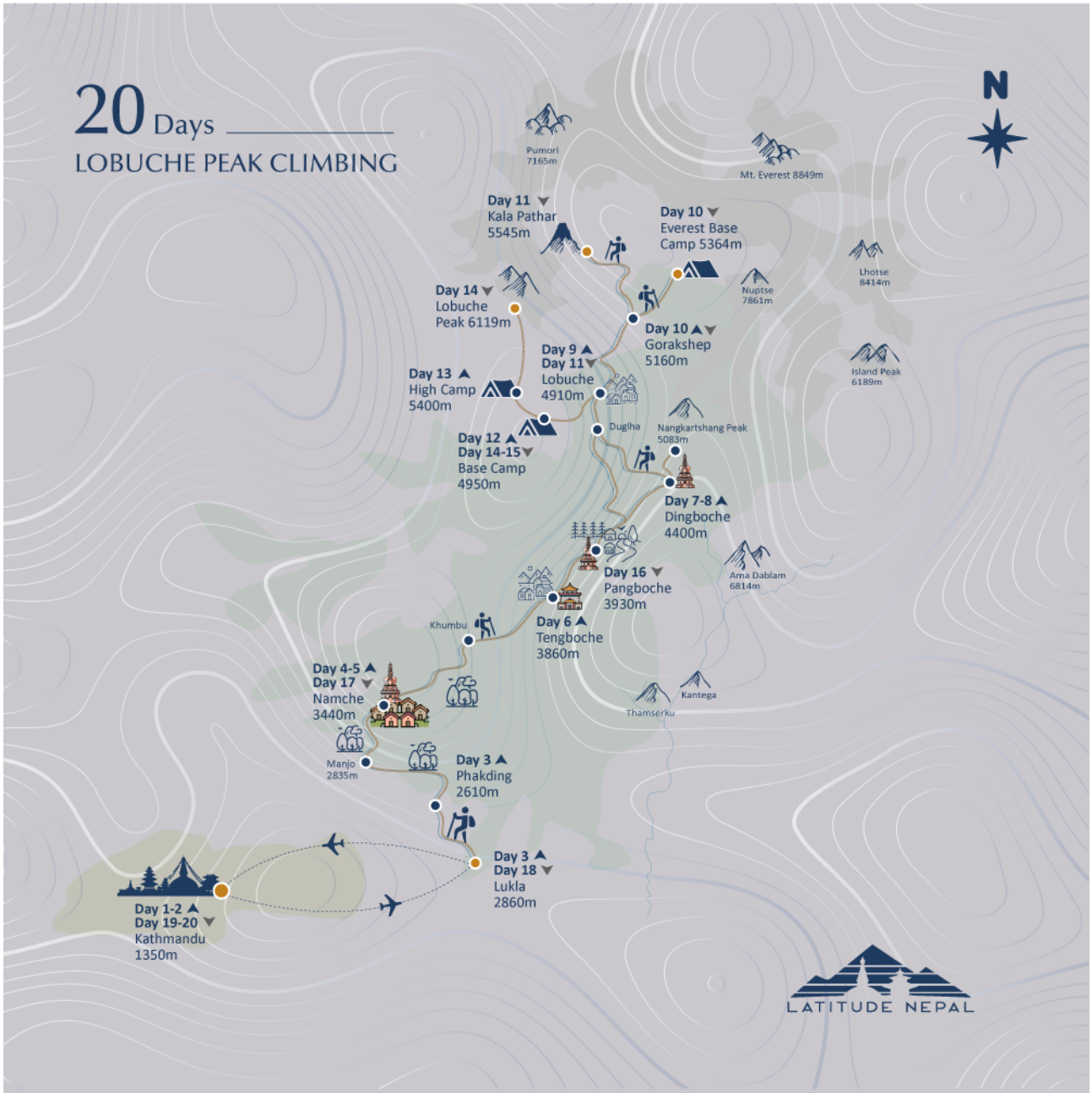
- Transfer to hotel.
- Rest or explore Kathmandu.

Day 20:

- Transfer to airport for international departure.

Route Map

20 Days
LOBUCHE PEAK CLIMBING



ALTITUDE CHART

