

Nepal Tri Cities Tour



Trip Overview

The Nepal Tri Cities Tour is a carefully crafted journey covering the cultural, natural, and wildlife treasures of Nepal. Travelers spend two nights each in Kathmandu, Pokhara, and Chitwan, combining immersive city experiences, serene lakeside landscapes, and thrilling jungle adventures. In Kathmandu, guests explore UNESCO World Heritage Sites and sacred temples; in Pokhara, they enjoy panoramic Himalayan views, lakeside relaxation, and local markets; while in Chitwan, they embark on jungle safaris and cultural interactions with the Tharu community. This tour is perfect for those seeking a balanced, in-depth experience of Nepal's highlights in a week.

Total Trip Days: 7 Days

Trip Highlights

- Kathmandu Durbar Square, Swayambhunath, Boudhanath Stupa
- Sunrise at Sarangkot & panoramic Himalayan views

- Boating on Phewa Lake and visit to Barahi Temple
- Davis Falls, Gupteshwor Cave, and Tibetan Refugee Camp
- Cultural experience and jungle safari in Chitwan National Park

Itinerary

Day 1:

Upon arrival at Tribhuvan International Airport, you are greeted by your guide and transferred to your hotel in central Kathmandu (30-40 minutes). After check-in and a brief rest. Free for the day.

Day 2:

After breakfast, visit Swayambhunath Stupa, perched atop a hill with panoramic views of Kathmandu Valley. Explore the stupa complex, spin prayer wheels, and learn about the fusion of Buddhist and Hindu traditions. In the afternoon, drive 30 minutes to Boudhanath Stupa, one of the largest in South Asia, and visit surrounding monasteries. Evening free for optional cultural walks in Thamel.

Day 3:

After breakfast, depart for Pokhara, either by scenic road or domestic flight. On arrival, check into a lakeside hotel near Phewa Lake. Afternoon free to relax or enjoy a boat ride on the lake and visit the Barahi Temple on the island. Stroll along the lakeside for dinner and enjoy the tranquil evening.

Day 4:

Early morning, drive 30-40 minutes to Sarangkot for sunrise views over the Annapurna range. Return for breakfast at the hotel, then explore Davis Falls, Gupteshwor Cave, and the Tibetan Refugee Camp. Afternoon free for lakeside walks, shopping, or optional paragliding. Evening at leisure by Phewa Lake. Logistics: Transport: Private car;

Day 5:

After breakfast, drive to Chitwan National Park, arriving around noon. Check into your jungle lodge or resort. In the evening, enjoy a traditional Tharu cultural performance. Free time for a nature walk or relaxation by the lodge. Logistics: Transport: Private car, approx. 5 hours; Accommodation: Chitwan lodge/resort (Night 1); Meals: Breakfast at Pokhara, lunch en route, dinner at

lodge; Special note: Road may be slightly bumpy, comfortable walking shoes recommended.

Day 6:

Morning is devoted to a guided elephant safari, canoeing on the Rapti River, and bird watching in Chitwan's diverse ecosystem. Afternoon free for additional activities, including jeep safari, village walk, or interaction with Tharu communities. Evening at leisure at the lodge.

Day 7:

After breakfast, return to Kathmandu by road or take a short domestic flight. Depending on flight timing, quick exploration of local markets or temples may be arranged before transfer to Tribhuvan International Airport for departure.