

Pashupatinath To Muktinath (4 Nights / 5 Days)



Trip Overview

This compact 5-day pilgrimage links Nepal's spiritual heartland with the high Himalayan sanctum of Muktinath. The journey begins at Kathmandu's revered Pashupatinath Temple, where pilgrims witness the evening Sandhyā Āratī along the Bagmati River. After a short domestic flight to Pokhara and a scenic drive to Jomsom, travelers ascend through the Kali Gandaki gorge to the sacred Muktinath Temple, a site venerated by both Hindus and Buddhists. Along the way, visitors experience traditional villages, panoramic Himalayan landscapes, and the unique confluence of culture and devotion. The pilgrimage concludes with a return to Kathmandu, including visits to UNESCO World Heritage Sites—Boudhanath Stupa and Swayambhunath—alongside the Budhanilkantha reclining Vishnu, offering a full-spectrum spiritual and cultural immersion in Nepal.

Total Trip Days: 5 Days

Trip Highlights

- Sandhyā Āratī at Pashupatinath
- Flight to Pokhara with mountain views
- Upper Mustang journey via Jomsom and Kagbeni
- Darshan at Muktinath Temple: 108 holy spouts & eternal flame
- UNESCO sites: Boudhanath & Swayambhunath
- Budhanilkantha reclining Vishnu

Itinerary

Day 1:

Arrive in Kathmandu, meet your representative, and settle into the hotel. Late afternoon you'll head to the revered Pashupatinath Temple to witness the evening Sandhyā Āratī on the banks of the Bagmati River. This moving lamp ceremony offers an immediate spiritual immersion. Overnight in Kathmandu.

Day 2:

After an early breakfast, board a short flight to Pokhara and then take a drive onward to Jomsom, the gateway to Upper Mustang. The stark trans Himalayan landscape unfolds beneath you as you land beside the Kali Gandaki gorge. Check in, stroll the windswept bazaar, and acclimatize, saving energy for tomorrow's pilgrimage. Dinner and overnight in Jomsom.

Day 3:

At dawn a 4 × 4 jeep follows the Kali Gandaki upstream to the medieval village of Kagbeni, then climbs to Muktinath Temple, sacred to both Hindus and Buddhists. Bathe (optional) beneath the 108 holy spouts and see the eternal natural flame. After darshan, return to Jomsom and drive back to Pokhara, arriving by evening. Overnight on Pokhara's Lakeside.

Day 4:

Fly to Kathmandu mid morning. On arrival visit two UNESCO World Heritage Sites: Boudhanath Stupa and Swayambhunath (Monkey Temple), followed by Budhanilkantha, the mysterious reclining Vishnu statue. Spend your final evening souvenir shopping in Thamel or enjoying a farewell Nepali dinner.

Overnight in Kathmandu.

Day 5:

If time allows, offer a last prayer at Pashupatinath before your transfer to Tribhuvan International Airport for your onward flight, completing a compact yet soul enriching pilgrimage linking Nepal's holiest Shiva shrine with the high Himalayan temple of salvation.