

Skyline And Heritage Escape



Trip Overview

The Skyline and Heritage Escape is a five-day luxury journey combining Himalayan vistas, cultural immersion, and mindful relaxation. Guests begin in Nagarkot, where quiet ridge-top accommodations offer sweeping views of Langtang, Ganesh Himal, and Everest. A private Everest helicopter flight with breakfast at Hotel Everest View provides an unforgettable perspective of the Khumbu peaks. The itinerary blends slow-paced exploration of medieval cities, artisan workshops, and heritage temples with restorative spa treatments, terrace picnics, and sound bath experiences. Every element is designed to balance discovery, tranquility, and comfort, creating a deeply rejuvenating escape in Nepal's hills and heritage sites.

Total Trip Days: 5 Days

Trip Highlights

- Stay at Kavya Resort & Spa with suites offering panoramic mountain views

- Private Everest helicopter flight with breakfast at Hotel Everest View
- Explore Bhaktapur Royal City with artisan encounters, pottery, and woodcarving workshops
- Visit Changu Narayan Temple and enjoy picnics among terraced fields
- Mindful experiences including sunset walks, spa rituals, magnesium-salt soaks, and a Tibetan sound bath
- Slow-paced days designed for relaxation, photography, and private in-suite dining
- VIP transfers, curated meals, and personalized service throughout the journey

Itinerary

Day 1:

Guests arrive in Kathmandu, receive VIP assistance, and travel by private vehicle to Kavya Resort & Spa in Nagarkot. The road climbs through pine forest to a quiet ridge where the resort overlooks a sweep of Himalayan peaks. After a relaxed check-in, a host leads a gentle orientation walk along the ridge to catch the pink and gold wash of sunset on Langtang and Ganesh Himal. A chef's tasting dinner follows, using seasonal produce and Himalayan herbs, with an early night encouraged to reset the body clock. Accommodation: Kavya Resort & Spa, Suite with Mountain View
Meals: Dinner

Day 2:

Before dawn, a private transfer brings guests to Kathmandu's domestic terminal for a heli lift into the Khumbu. The flight threads the Dudh Koshi valley and circles the glaciers beneath Everest, then lands at Hotel Everest View for a lingering breakfast on the terrace while Ama Dablam and Everest stand in full view. After an unhurried return, guests head back to Kavya for a quiet afternoon. Time is set aside for a long swim, a restorative spa treatment, and tea served on the balcony as clouds drift through the valley below. A light dinner is served at leisure. Accommodation: Kavya Resort & Spa
Meals: Breakfast and Dinner

Day 3:

The morning begins with a drive down to Bhaktapur, the best preserved of the Valley's medieval capitals. With a specialist guide, guests explore palace squares, pagoda temples, and hidden courtyards, then step into a potter's workshop to try the wheel and a woodcarver's atelier to see traditional motifs come to life. A curated Newari lunch is served in a restored townhouse where recipes have been handed down for generations. The afternoon returns to the hills for a siesta, followed by golden hour photographs from Kavya's panoramic deck and a private in-suite dinner.
Accommodation: Kavya Resort & Spa
Meals: Breakfast and Lunch

Day 4:

After a leisurely breakfast, a guide leads a soft hike along the Telkot ridge toward Changu Narayan through pine and rhododendron. A picnic with warm breads, cheeses, and herbal tea is set among terraced fields. The temple at Changu Narayan rewards with stone carvings and a quiet village atmosphere. By mid-afternoon guests return to the resort for a magnesium-salt soak and an evening sound bath that blends Tibetan bowls with gentle breathwork. Dinner is unhurried, taken on the veranda beneath a starry sky.
Accommodation: Kavya Resort & Spa
Meals: Breakfast and Dinner

Day 5:

The final morning is deliberately slow. Breakfast is served in the suite to allow one last look at the mountains. Checkout is arranged late to avoid any rush. A private vehicle returns guests to the airport for departure or onward travel within Nepal.
Meals: Breakfast