

# Yala Peak Climbing



## Trip Overview

The Yala Peak expedition is a 12-day trekking and non-technical climbing adventure in the Langtang region. Starting from Syabrubesi, the trek passes through forests, terraced farmlands, and traditional Tamang villages, gradually ascending to Kyanjin Gompa and Yala Peak Base Camp. The summit of Yala Peak (5,500 m) offers expansive views of Langtang Lirung, Dorje Lakpa, Ganesh Himal, Shishapangma (Tibet), and Manaslu ranges. Accommodation is in tea houses along the approach and tents at high camp. This itinerary combines cultural exposure, scenic trekking, and a manageable high-altitude climb, ideal for first-time climbers or those seeking a short Himalayan adventure.

**Total Trip Days:** 13 Days

**Region:** Langtang Region

**Max Altitude:** 5,500 m (Yala Peak Summit)

**Difficulty:** Moderate (Trekking Peak, Non-Technical)

## Trip Highlights

- Yala Peak Summit (5,500 m): Non-technical climb with snow and rocky slopes offering panoramic Himalayan views
- Langtang Valley & Kyanjin Gompa: Explore Tamang culture, monasteries, and yak cheese production
- Panoramic Himalayan Views: Langtang Lirung, Dorje Lakpa, Ganchenpo, Naya Kanga, Shishapangma, and Manaslu ranges
- Acclimatization Hikes: Optional climbs to Tserko Ri (4,984 m) and Kyanjin Glacier provide gradual adaptation and scenic perspectives
- Cultural Villages: Trek through Lama Hotel, Langtang Village, and Tamang settlements
- Compact Itinerary: Ideal for climbers with limited time, combining trekking, high-altitude climbing, and cultural exposure
- Full Support & Safety: Professional guides and porters ensure a safe trekking and climbing experience

## Itinerary

### Day 1:

- Pick up at Tribhuvan International Airport and transfer to hotel.
- Short briefing about the trek and climb.
- Overnight at hotel.

### Day 2:

- Scenic drive through hills, valleys, and terraced farmlands.
- Overnight in lodge at Syabrubesi, gateway to Langtang.

### Day 3:

- Trek begins following Langtang Khola.
- Pass through rhododendron and bamboo forests.

- Overnight in lodge.

#### **Day 4:**

- Gradual uphill through forests and meadows.
- Arrive at Langtang Village, a traditional Tamang settlement.
- Overnight in lodge.

#### **Day 5:**

- Easy trek with wide Himalayan views.
- Explore Kyanjin Gumpa, yak cheese factory, and surrounding monasteries.
- Overnight in lodge.

#### **Day 6:**

- Optional hikes:
  - **Tserko Ri (4,984 m)** – panoramic view of Langtang Lirung, Dorje Lakpa, and Shishapangma (Tibet).
  - Explore Kyanjin Glacier and Langtang Valley.
- Overnight in lodge.

#### **Day 7:**

- Trek through yak pastures and alpine meadows.
- Arrive at Base Camp and prepare for climb.
- Overnight in tented camp.

#### **Day 8:**

- Early morning climb to summit.
- Non-technical ascent with gradual snow slopes.
- Panoramic views of Langtang Lirung, Dorje Lakpa, Ganchenpo, Naya Kanga, Shishapangma (Tibet), and Manaslu range.
- Descend back to Base Camp.

- Overnight in tented camp.

### **Day 9:**

- Easy return trek.
- Rest and celebrate the climb.
- Overnight in lodge.

### **Day 10:**

- Descend through Langtang Valley.
- Overnight in lodge.

### **Day 11:**

- Final trekking day through lush forest and Tamang villages.
- Overnight in lodge.

### **Day 12:**

- Return drive to Kathmandu.
- Transfer to hotel.
- Overnight in hotel.

### **Day 13:**

- Transfer to airport for international flight.

## **Route Map**

# 13 Days

## YALA PEAK CLIMBING



### ALTITUDE CHART

